



WILDERNESS FIRST AID (WFA) TRAINING

Saturday, November 3th and Saturday, November 17th, 2018

Our Savior Lutheran Church

745 Front St S, Issaquah, WA 98027

8:00am – 5:00pm



The Wilderness First Aid course provides an intensive 16 hours of training covering injury assessment, rescuer safety, bleeding, shock, orthopedic injuries, long term patient care, and treatment with materials at hand during practice sessions. When you are participating in outdoor activities that take you more than 1 hour away from medical care, wilderness first aid provides a significant difference in survival and minimizes the long term effects of injuries. This course is a requirement for units traveling to any of the national bases; it is highly recommended for high adventure activities when medical help may be delayed. Instruction is in a classroom setting with several sessions held outdoors, so please plan accordingly and dress for the weather. CPR/AED is a prerequisite for certification in this course.

The cost of the Wilderness and Remote First Aid Training course is \$50.00 per person (\$30.00 per person if you are renewing), and you must attend both days.

PARTICIPANTS MUST BRING THEIR OWN LUNCH, SNACKS, DRINKS, AND BE PREPARED TO BE OUTDOORS (no matter what the weather.) EACH STUDENT IS ALSO REQUIRED TO BRING THEIR BACKPACK PACKED FOR LAND BASED OUTDOOR ADVENTURES. Participants need to be 14 years of age or older in order to be certified. Course is limited to 50 participants (first come first serve). **NO REFUNDS**

Register at:

<http://seattlebsa.org/alpine>

Questions? Please contact Todd Brown at toddbrown@comcast.net