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If you have additional suggestions, please contact Wendy McBride at <http://seattlebsa.org/alpine-contacts-article>

Cub Hiking

Plant & animal identification:

Tigers in Wild #4, #6; Wolf Call of Wild #6; Wolf Paws on Path #6; Webelos into the Wild #5, #6; Webelos into the Woods #3, #7.

Ranger guided walks @ Lewis Creek, Lake Hills, Mercer Slough, Coal Creek.

Discovery Backpacks @ Lewis Creek, Lake Hills, Mercer Slough.

Owl Prowl @ Lake Hills

Frogs for Life @ Mercer Slough

Naturalists at Beaches: <http://www.seattleaquarium.org/beach-naturalist>

Pretzel Tree Hike: <http://www.wta.org/go-hiking/hikes/pretzel-tree-trail>

Audubon bird walks @ Marymoor Park: <https://www.marymoor.org/BirdingSchedule.htm>

Sammamish Parks Guided Walks: <http://sammamishwalks.org/walk-schedule/>

Issaquah Walking/Hiking Brochures: <http://www.ci.issaquah.wa.us/index.aspx?nid=742> ,
<http://www.ci.issaquah.wa.us/Facilities?clear=False>

Issaquah Alps Trails Club (guided hikes): <https://www.issaquahalps.org/>

Washington Trails Association: <http://www.wta.org/>

Mountains to Sound Greenway: <http://mtsgreenway.org/>

Cougar Mountain Trails (Coal Mining, Historical Info.):

https://en.wikipedia.org/wiki/Cougar_Mountain_Regional_Wildland_Park

<http://www.seattleoutdoorsinfo.com/hiking-and-biking/seattle-hiking/seattle-area-hikes/cougar-mountain-trails>

Tiger Mountain: Around the Lake, Round Lake, Swamp Monster, Bus Trail. Throw fir cones/rocks at bus (rather than climbing on it).

Guided Ranger Hikes at Lewis Creek, Mercer Slough, Lake Hills Green Belt, Lakemont, Robinswood, Coal Creek Parks:

https://parks.bellevuewa.gov/UserFiles/Servers/Server_4779004/File/Parks%20&%20Community%20Services/Natural-Resources/Programs/natural-resource-programs-fall-2018.pdf

Shadow Lake, Renton: <http://shadowhabitat.org/visit>

Trollhaugen at Snoqualmie Pass: <http://www.trollhaugensofn.com/>

Snoqualmie Pass Ranger Station Snow Shoe Hikes: http://www.discovernw.org/store_winter-snowshoe-program-at-snoqualmie-pass_SNOWSHOE01.html

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Special needs hikes:

Tiger Mountain: Tradition Lake, Bus Trail

Mercer Slough

Lake Hills Greenbelt

ADA Hikes: <http://www.wta.org/hiking-info/basics/ada-accessible-hikes>

http://www.wta.org/magazine/WA_TRAILS_07_09_FEATURE_ACCESSIBLE.pdf

<http://www.seattletimes.com/life/outdoors/where-to-hit-the-trail-in-a-wheelchair/>

<https://www.traillink.com/stateactivity/wa-wheelchair-accessible-trails/>

Resources for special needs children (including outdoor resources and locations):

<http://washingtonaccessfund.org/sports-recreation-resources-for-people-with-disabilities-in-washington-state/>

Service Projects

Washington Trails youth service projects:

https://www.wta.org/volunteer/youth?_ga=1.246085184.535594408.1454441438

Maps for Local Recommended Hikes:

Cougar Mountain Map:

<https://wildernessawareness.org/docs/Cougar-Mtn-Park-Layout.pdf>

file:///C:/Users/Wendy/Downloads/BCT_CougarMtn_2015-July_GEO_opt.pdf

Cougar-Squawk-Tiger Mountain Map:

file:///C:/Users/Wendy/Downloads/BCT_CougarMtn_2015-July_GEO_opt.pdf

Squawk Mountain Map: <https://parks.state.wa.us/DocumentCenter/View/1949/Squak-Mountain-State-Park-PDF?bidId=>

Snoqualmie Falls: <http://www.snoqualmiefalls.com/>

Rattlesnake Lake/Ridge:

Also a good biking trail.

https://www.google.com/imgres?imgurl=http%3A%2F%2Fwww.willhiteweb.com%2Fsnoqualmie_pass%2Frattlesnake_ledge%2Frattlesnake_ledge_trail_map.jpg&imgrefurl=http%3A%2F%2Fwww.willhiteweb.com%2Fsnoqualmie_pass%2Frattlesnake_ledge%2Fnorth_bend_219.htm&docid=y2YqF3iC2jJCwM&tbnid=6UHPjDwNbW92rM%3A&vet=1&w=786&h=707&bih=819&biw=1536&ved=2ahUKewjl-sm7n77gAhUzO30KHV2OCpUQxiAoAnoECAEQEw&iact=c&ictx=1

Rattlesnake-Mt. Si:

https://www.google.com/imgres?imgurl=https%3A%2F%2Fwww.kingcounty.gov%2F~%2Fmedia%2Fservices%2Fgis%2Fmap-previews%2Fbct%2Fmappreviews_RM.ashx%3Fla%3Den&imgrefurl=https%3A%2F%2Fwww.kingcounty.gov%2Fservices%2Fgis%2FMaps%2Fvmc%2FRecreation.aspx&docid=NBsJuLxFkeoRDM&tbnid=

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Denny Creek & Natural Waterslide: <http://www.wta.org/go-hiking/hikes/denny-creek>
http://www.seattlepi.com/getaways/79834_hike25.shtml

Twin Falls: <http://www.waterfallsnorthwest.com/nws/waterfall.php?num=147>

Franklin Falls:
http://www.wta.org/go-hiking/hikes/franklin-falls/hike_view?b_start:int=10&-C

Sammamish Walks/Hikes Maps: Soaring Eagle, Hazel Wolf, Beaver Lake, Evan's Creek, etc:
<http://sammamishwalks.org/> Includes schedule for guided walks.

Orienteering at Beaver Lake:

Issaquah Walking Tours & Hikes:
<http://www.ci.issaquah.wa.us/index.aspx?nid=742>
<http://www.ci.issaquah.wa.us/Facilities?clear=False>
Historical Walks (Bear Paws for Action #2B)
<http://www.issaquahhistory.org/buildings-and-sites/self-guided-tour/>
<http://discoverissaquah.com/issaquah-historic-attractions/>